Administrative Affairs Council

**MEETING MINUTES**

Friday, April 15, 2016

10:45 a.m., Admin Board Room

**Members:**

|  |  |  |  |  |  |  |  |  |
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| P | Dr. Tim Kirk, Chair | P | Carl Blake | A | David Henry | A | Valerie Lewis | P |
|  |  |  |  |  |  |  |  |  |
| A | Becky Riggs | P | Justin Small | A | Ann Southall | A | Dr. John Spencer | A |
|  |  |  |  |  |  |  |  |  |
| P | Carey Tucker | A | Heath Waldrop | P | Carol Modica-Moore, Recorder | | | P |
|  |  |  |  |  |  |  |  |  |

Others present: Genevieve White

Dr. Kirk opened the meeting.

Genevieve White introduced a proposal to implement the Arkansas Department of Health Healthy Lifestyle Initiative for the College. The Initiative includes tracking diet and lifestyle habits, and allows for participation in a point system to reward achievements. A motion was made to forward this item to the Cabinet for approval. All favored sending forward.

Secondly, a motion was made to forward to the Cabinet a recommendation to form a wellness committee with a formal structure to review the Healthy Lifestyle initiative. All favored forwarding this recommendation to Cabinet.

With the announcement that Jenzabar is up and running, Dr. Kirk closed the meeting.

Meeting adjourned at 11:15.

Submitted by: *Carol Modica-Moore*