

***This is a SouthArk Master Syllabus. The course syllabus distributed by the instructor may include additional requirements, must be followed by the student in the given term, and is considered to supersede the Master Syllabus.***

**Course Number**

PRNS 1301

**Course Title**

Mental Health and Care of the Mentally III

**Course Description**

This course includes information concerning an introduction to common conditions of mental illness, prevention of those conditions, and the care of patients suffering from abnormal mental and emotional illnesses across the life span.

**College Mission**

South Arkansas Community College promotes excellence in learning, teaching, and service; provides lifelong educational opportunities; and serves as a cultural, intellectual, and economic resource for the community.

**College Wide Student Learner Outcomes**

Critical Thinking                      Responsibility                      Communication

**ACTS Course**                       **Program Course**                       **Practical Nursing**

**ACTS Outcomes**

**Program Outcomes**

Upon successful completion of this program, the student should be able:

1. Collaborate professionally with faculty, clients and their families and/or significant others, supervisors, peers, and with all members of the health care team (Affective).
2. Promote pride, concern and interest in the health and well-being of the community and its citizens (Cognitive, Affective, Psychomotor).
3. Demonstrate proficiency of learned scientific principles and integrate these concepts in the practice of safe, competent care throughout the lifespan of the consumer (Psychomotor, Cognitive, Affective).
4. Practice clear, effective communication skills, both written and non-written (Psychomotor Affective).
5. Create documentation that effectively communicates patient condition and care given (Psychomotor, Cognitive).
6. Apply use of hardware and software technologies to retrieve, process, and analyze theoretical and practical health care information (Cognitive, Psychomotor).
7. Examine and incorporate the state's scope of practice guidelines, rules, regulations, and ethical standards in the practice of nursing (Cognitive, Affective).

**Course Outcomes**

CLO #	Course Outcomes	Unit Outcomes/ Competencies	ACTS	Program Outcomes	Critical Thinking	Communication	Responsibility	Assessment
CLO 1	Demonstrates understanding of basic mental health disorders	1-29		3	CT1			Practicum Evaluation Tool 3 - 6
CLO 2	Demonstrates use of appropriate therapeutic communication techniques	1-29		1, 3, 4	CT1	C2		Practicum Evaluation Tool 3 - 4
CLO 3	Utilizes all resources to comprehend patient condition (i.e. textbooks, drug books and other reference materials).	1-29		1, 3, 6	CT1			Practicum Evaluation Tool 3 - 6

**Unit Outcomes/ Course Objectives**

Upon successful completion of this course, the student should be able to:

1. Discuss the significance of anxiety in the general adult population.
2. Differentiate between normal anxiety and anxiety disorders.

3. Describe the signs and symptoms and treatment for anxiety disorders.
4. Discuss assessment, nursing diagnoses, and nursing interventions for patients with anxiety disorders.
5. Discuss the variances of normal mood and discuss mood alterations that become debilitating.
6. Discuss assessment, nursing diagnoses, and nursing interventions for patients with bipolar disorder and major depressive disorder.
7. Discuss factors that are essential when assessing a suicidal patient.
8. Consider the impact of family, peer, and media pressure on patients with eating disorders.
9. Discuss assessment, nursing diagnoses, and nursing interventions for patients with eating disorders.
10. Discuss the significance of substance use disorders in the general adult population.
11. Explain the difference between abuse of and dependence on psychoactive substances.
12. Outline the physical, behavioral, and psychosocial indicators of substance use disorder.
13. Discuss the significance of denial and rationalization in substance use disorder.
14. Describe the effects of substance use disorders on family and friends.
15. Discuss symptoms and complications of withdrawal from alcohol.
16. Identify at least four nursing diagnoses that would be appropriate for a patient with a substance use disorder.
17. Discuss the incidence and significance of cognitive disorders in the aged population.
18. Differentiate between delirium (acute cognitive disorder) and dementia (chronic cognitive disorder).
19. Describe the signs and symptoms of Alzheimer's disease in relation to the early, middle, and late stages.
20. From the diagnoses listed, choose appropriate nursing interventions and expected outcomes when caring for patients with Alzheimer's disease.
21. Discuss the assessment skills that are necessary to accurately monitor a cognitive disorder.
22. Identify at least three nursing diagnoses that would be appropriate for a patient with delirium.
23. Identify nursing interventions that can be used to assist the family and friends of patients who have cognitive disorders.
24. Discuss the incidence of thought disorders in the general population.
25. Describe the signs and symptoms of schizophrenia.
26. Discuss at least four nursing diagnoses and the major nursing interventions that would be appropriate for a patient with a thought disorder.
27. Describe two or three behaviors evident for each of the various personality disorders.
28. Discuss at least four nursing diagnoses and the major nursing interventions that would be appropriate for a patient with borderline personality disorder.
29. Discuss how the nurse can identify and modify personal feelings that can occur when caring for a patient with borderline personality disorder.

### **Assessment Description(s)**

Practicum Evaluation Tool 3

### **Materials and Technological Requirements**

deWitt, Susan C. (2009). Medical-Surgical Nursing Concepts and Practice, St. Louis: Saunders, Elsevier.

deWitt, Susan C. (2009). Medical-Surgical Nursing Concepts and Practice Student Study Guide, St. Louis: Saunders, Elsevier

### **Class Attendance Policy**

Students are expected to attend all classes in which they are enrolled. If a student is absent from a class session, it is the student's responsibility to make arrangements to complete or make up any work missed. No make-up work for missed classes will be allowed without the approval of the instructor. Students who enroll late must assume all responsibility for work missed. Classes not attended as a result of late enrollment may be counted toward excessive absences. Students not attending the entire class period may be counted absent for that period. An instructor may drop students with a grade of "WE" if students have been absent for an excessive number of days. Warning letters will be sent to the students advising them of the consequences of nonattendance and urging them to contact their instructors immediately. Excessive absences are defined as follows:

#### **Regular Semester**

Courses which meet once a week .....	2 absences
Courses that meet twice per week .....	3 absences
Courses that meet four times per week .....	5 absences

#### **Summer Session**

Courses that meet four times per week in a five week session .....	3 absences
Courses which meet two evenings per week in a 10 week session .....	3 absences

Students enrolled in special programs or individualized instruction should contact their program director/instructor regarding specific attendance requirements for the program/course. Some of the selective-admission, health-science programs have specific criteria regarding attendance. Students are encouraged to refer to program policies in these matters.

#### Jury Duty/Military/Official School Function

Scheduled absences are those that occur due to college-related activities or as a result of summons to jury duty or military duty. Classes missed as a result of scheduled absences will not be counted as excessive absences if the instructor is notified and provided documentation prior to the absence(s). Make-up work for scheduled absences will be at the discretion of the instructor.

In all instances, documentation must be provided to the instructor within 24 hours of receipt. Documentation should come from an appropriate party on letterhead or other official stationery with a signature and contact information. Documentation should list the corresponding dates of the leave.

#### Medical leave

For medical-related absences, documentation must include written notice from the treating medical professional documenting time needed off related to medical reasons and time student may resume classes. The medical reason does not need to be listed on the documentation; the documentation must include only that there is a medical reason, the amount of time the student needs to be absent, and the time the student should be able to return to classes. Students who elect to work at home while on excused leave must meet with their instructors to make arrangements to do so. Working on coursework while on medical leave is not a requirement but can be requested by students. If students request that they be allowed to work at home while on an excused leave, the instructor will make every reasonable effort to ensure that the student is able to do so.

For students who have a medical condition necessitating time off or accommodation:

- 1) They may work at home on assignments if they choose to if on medical leave approved by a medical professional
- 2) Receive appropriate accommodations related to coursework (i.e., excused from labs with potentially harmful chemicals, have a larger desk, etc.)
- 3) Resume their studies where they left off once they return to classes
- 4) Be allowed to make up any missed work related to medical leave
- 5) Receive incompletes on their transcripts until coursework is completed, according to the incomplete grade contract.
- 6) Be given a reasonable time frame in which to complete missed coursework

#### **Academic Honesty Policy**

Students enrolled at South Arkansas Community College are expected at all times to uphold standards of integrity. Students are expected to perform honestly and to work in every way possible to eliminate academic dishonesty. Academic dishonesty includes cheating and plagiarism, which are defined as follows:

- Cheating is an attempt to deceive the instructor in his/her effort to evaluate fairly an academic exercise. Cheating includes copying another student's homework, class work, or required project (in whole or in part) and/or presenting another's work as the student's own. Cheating also includes giving, receiving, offering, and/or soliciting information on a quiz, test, or examination.
- Plagiarism is the copying of any published work such as books, magazines, audiovisual programs, electronic media, and films or copying the theme or manuscript of another student. It is plagiarism when one uses direct quotations without proper credit or when one uses the ideas of another without giving proper credit. When three or more consecutive words are borrowed, the borrowing should be recognized by the use of quotation marks and proper parenthetical and bibliographic notations.

If, upon investigation, the instructor determines that the student is guilty of cheating or plagiarism, the following penalties will apply:

- The student will receive a penalty of no less than a zero on the work in question.
- The instructor will submit a written report of the incident to the Vice President for Learning
- The Vice President for Learning will determine whether further disciplinary action will be taken.
- All decisions may be appealed for review through the college's Academic Appeals procedure.

#### **Equal Opportunity-Affirmative Action Statement**

South Arkansas Community College does not discriminate on the basis of age, race, color, creed, gender, religion, marital status, veteran's status, national origin, disability, or sexual orientation in making decisions regarding employment, student admission, or other functions, operations, or activities.

**Library Services**

Library Homepage: <http://southark.libguides.com/homepage> Library Contact: LibraryStaff@southark.edu or 870.864.7115

**Procedures to Accommodate Students with Disabilities:**

If you need reasonable accommodations because of a disability, please report this to the Vice President of Student Services with proper documentation. VPSS Contact: 870.875.7262

**The Early Alert System**

In an effort to ensure student retention and success, South Arkansas Community College employs an Early Alert System to identify and support at-risk students as soon as possible in a given semester. The intent of Early Alert is to provide this assistance while there is still time to address behaviors or issues that have the potential of preventing students from completing their courses and degree plans. Students referred through the Early Alert System will be required to work on a corrective action plan with their student advising coach and to include attendance accountability and mandatory academic tutoring either in the academic division or in the Testing and Learning Center (TLC).

Once the Student Advising Coach has met with the referred student, and again when the student has met the prescribed corrective actions, the coach will update the Early Alert System so that the instructor is kept informed of the progress in resolving issues.

**Behavioral Review Team**

At South Arkansas Community College (SouthArk), we are committed to proactive leadership in student wellbeing and campus safety. By focusing on prevention and early intervention with campus situations that involve any person experiencing distress or engaging in harmful or disruptive behaviors, the BRT will serve as the coordinating hub of existing resources to develop intervention and support strategies and offer case management. Students, faculty, staff, and campus guests are encouraged to report any person on campus who is a concern. BRT Contact: 870.875.7262 BRT@southark.edu

**Date of Revision: 8/30/2016**